



AUGUST 2007

ASSISTED LIVING



Sun	Mon	Tue	Wed	Thu	Fri	Sat
AR- Activity Room CHA- Chapel LIB-Library THR- Theatre BIS- Bistro DR- Dining Room PD-Private Dining Room	*** Please sign up in the Activity Room for Activities in Bold.		1 9:30 AM Walking Group 10:00 AM <i>Hawk Quest</i> 11:30 AM Lunch Bunch-Imperial Dragon 2:00 PM In the Kitchen AR 2:30 PM Blood pressure Clinic 3:00 PM Travel Log-Poland Armchair Travel 4:00 PM A Penny for you Thoughts LIB	2 9-12PM-Doctor Day 9:30 Walking Group 10:00 AM Talking Books AR 1:00 PM-Flower Arranging AR 1:30 PM Farmers Market 3:00 PM-Root Beer Float Social BIS 4:30 PM Activity Cart	3 9:30 AM Stretching Group 10:30 am-Outing to Vitamin Cottage 1:30 PM What's in a Word 2:00 PM Scenic Drive 3:00 PM Wine Social 4:00 PM Trivia Challenge AR	4 9:30 AM-Stretching Group AR 10:30 AM Catholic Services CHA 11:00 AM Bingo AR 1:30 PM Bridge Club LIB 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR
5 9:30 AM-Walking Group 10:00 am-Non-denominational church 1:00 PM Tai-Chi w/ Chai Tea 2:30 PM-Ice Cream Sampling BIS 3:30 PM Cultural Crafts AR 4:30 PM Activity Cart 6:30 PM Talking Stick LIB	6 9:30 AM Walking Group 10:00 AM Computer Savvy LIB 1:00 PM Ultimate Uno 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Planet Earth Series	7 9-12PM-Doctor Day 9:30 AM Walking Group 10:00 AM Garden Group 11:30 PM <i>Men's Group-Pizza Party</i> 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Bingo AR 6:00 PM Knitting Circle LIB	8 9-12 PM-Errand Day 9:30 AM Walking Group 10:00 AM Art Museum 1:00 PM Adopt a Solider Meeting LIB 2:00 PM In the Kitchen AR 3:00 PM Beer of the Month Club AR 4:00 PM A Penny for you Thoughts LIB 10:00 AM Parkinson's Support Group	9 9-12PM-Doctor Day 9:30 AM Walking Group 10:00 AM Talking Books THR 1:00 PM-Flower Arranging AR 2:00 PM Resident Council THR 3:00 PM-Root Beer Float Social BIS 4:30 PM Activity Cart	10 9:30 AM Stretching Group 10:30 am-Outing to Southwest Plaza 1:00 PM Bunco AR 2:00 PM Scenic Drive 3:00 pm-New Resident Party AR 4:00 PM Trivia Challenge AR	11 9:30 AM-Stretching Group AR 10:30 AM Catholic Services CHA 11:00 AM Bingo AR 1:30 PM Bridge Club LIB 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR
12 9:30 AM-Walking Group 10:00 am-Non-denominational church 1:00 PM Tai Chi w/ Chai Tea 2:30 PM-Ice Cream Social BIS 3:30 PM Cultural Crafts AR 4:30 PM Activity Cart 6:30 PM Talking Stick LIB	13 9:30 AM Walking Group 10:00 AM Computer Savvy 11:30 AM Lunch Bunch- Cheese-cake Factory 1:00 PM Ultimate Uno 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Planet Earth Series THR	14 9-12PM-Doctor Day 9:30 AM Walking Group 10:00 AM Garden Group 1:00 PM What's in a Word AR 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Bingo AR 6:00 PM Knitting Circle LIB	15 9:30 AM Walking Group 10:00 AM Lemonade in the Shade 1:00 PM Adopt a Solider 2:00 PM In the Kitchen 3:00 PM Travel Log-Polish Cooking 4:00 PM Penny for Your Thoughts	16 9-12PM-Doctor Day 9:00 AM Exercise w/ Chris AR 10:00 AM Talking Books THR 1:00 PM-Flower Arranging AR 1-4 PM Audiologist Visits AR 2:00 PM Avanti Wine Tasting 3:00 PM-Root Beer Float Social BIS 4:30 PM Activity Cart 7:00 PM Dementia Support Group PD	17 9:30 AM Stretching Group 10:30 Outing to Wal-mart 1:30 PM What's in a Word 2:00 PM <i>Renewal of Vows</i> 4:00 PM Trivia Challenge AR	18 9:30 AM-Stretching Group AR 10:30 AM Catholic Services CHA 11:00 AM Bingo AR 1:30 PM Bridge Club LIB 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR
19 9:30 AM-Walking Group 10:00 am-Non-denominational church services CHA 1:00 PM Tai Chi w/ Chai Tea 4:30 PM Activity Cart 6:30 PM Talking Stick LIB 2:00-5:00 PM 50's Car Show	20 9:30 AM Walking Group 10:00 AM Computer Savvy 1:00 PM Ultimate Uno 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Planet Earth Series THR	21 9-12PM-Doctor Day 9:30 AM Walking Group 10:00 AM Garden Group 1:00 PM What's in a Word AR 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Bingo AR 6:00 PM Knitting Circle LIB	22 9-12 PM Errand Day 9:30 AM Walking Group 10:00 AM Lemonade in the Shade 1:30 PM What's in a Word AR 2:00 PM In the Kitchen AR 3:00 PM Starbucks Shindig 4:00 PM A Penny for your Thoughts LIB	23 9-12PM-Doctor Day 9:00 AM Exercise w/ Chris AR 10:00 AM Talking Books THR 1:00 PM-Flower Arranging AR 2:00 PM Red Hatters-Golden Tea 3:00 PM-Root Beer Float Social BIS 4:30 PM Activity Cart	24 9-12 PM Podiatrist Visits 9:30 AM Stretching Group 10:30 am-Outing to Target 1:00 PM Bunco AR 2:00 PM In the Kitchen w/ Mike AR 2:30 PM Food Council THR 4:00 PM Trivia Challenge AR	25 9:30 AM-Stretching Group AR 10:30 AM Catholic Services CHA 11:00 AM Bingo AR 1:30 PM Bridge Club LIB 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR
26 9:30 AM-Walking Group 10:00 am-Non-denominational church 1:00 PM- Tai Chi w/ Chai Tea 2:30 PM-Ice Cream Social BIS 3:00 PM Cultural Crafts AR 4:30 PM Activity Cart 6:30 PM Talking Stick LIB	27 9:30 AM Walking Group 10:00 AM Computer Savvy 11:30 AM Lunch Bunch- Hacienda Colorado 1:00 PM Ultimate Uno AR 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Planet Earth Series	28 9-12PM-Doctor Day 9:30 AM Walking Group 10:00 AM Garden Group 1:00 PM What's in a Word AR 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Bingo AR 6:00 PM Knitting Circle LIB Full Moon	29 9:00 AM Blackhawk Casino 9:30 AM Walking Group 10:00 AM Lemonade in the Shade 1:00 PM Adopt a Solider Meeting LIB 2:00 PM In the Kitchen AR 3:00 PM Travel Log- Poland Presentation 4:00 PM Penny for your Thoughts	30 9-12PM-Doctor Day 9:00 AM Exercise w/ Chris AR 10:00 AM Talking Books THR 1:00 PM-Flower Arranging AR 2:00 PM Book Club LIB 3:00 PM-Root Beer Float Social BIS 4:30 PM Activity Cart	31 9:30 AM Stretching Group 10:00 am Fish Tank Education 10:30 am-Outing to King Soopers 1:30 PM What's in a Word 2:00 PM Scenic Drive 3:00 PM Wine Social BIS 4:00 PM Trivia Challenge AR	