



# JULY 2007

## ASSISTED LIVING



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 9:00 AM-Walking Group 10:00 am-Non-denominational church services CHA 11:00 AM Ceramics AR 1:30 PM- Sewing Circle AR 2:30 PM-Ice Cream Sampling BIS 6:30 PM The Talking Stick LIB</p>	<p>2 9:30 AM Walking Group 10:00 AM Computer Savvy LIB <b>11:30 AM Lunch Bunch-Olive Garden</b> 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Shogun Series THR</p>	<p>3 <b>9-12PM-Doctor Day</b> 9:30 AM Walking Group 10:00 AM Painting w/ John 1:00 PM Scrabble Scramble AR 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Cards/Games/Puzzles AR 6:00 PM Cultural Crafts AR</p>	<p>4 <b>9-12 PM-Errand Day</b> 9:30 AM Walking Group 10:00 AM Yoga w/ Jackie 11:30 &amp; 12:15 4th of July BBQ 2:30 PM In the Kitchen AR 3:30 PM A Penny for you Thoughts LIB 8:00 Fireworks Celebration PATIO <b>The 4th of July</b></p>	<p>5 <b>9-12PM-Doctor Day</b> 9:00 AM Exercise w/ Chris AR 11:00 Photo Scavenger Hunt 1:00 PM-Flower Arranging AR <b>1:30 PM Farmers Market</b> 3:00 PM-Root Beer Float Social BIS</p>	<p>6 9:30 AM Stretching Group <b>10:30 am-Outing to Aspen Grove</b> 1:00 PM-Bunco AR 2:30 PM-Blood pressure Clinic AR 3:00 PM Wine and Cheese Party 4:00 PM Trivia Challenge AR</p>	<p>7 9:30 AM-Stretching Group AR 10:30 AM Catholic Services CHA 11:00 AM Bingo AR 12:00 PM Lunch w/ Residents DR 1:00 PM Bridge Club LIB 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR</p>
<p>8 9:00 AM-Walking Group 10:00 am-Non-denominational church 11:00 AM Ceramics AR 1:30 PM- Sewing Circle AR 2:30 PM-Ice Cream Social 6:30 PM The Talking Stick LIB <b>6:00 PM Symphony at Red Rocks</b></p>	<p>9 9:30 AM Walking Group 10:00 AM Computer Savvy LIB 1:00 PM Ultimate Uno 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Lonesome Dove Series THR</p>	<p>10 <b>9-12PM-Doctor Day</b> 9:30 AM Walking Group 10:00 AM Painting w/ John 1:00 PM Scrabble Scramble AR 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Cards/Games/Puzzles AR 6:00 PM Cultural Crafts AR</p>	<p>11 9:30 AM Walking Group 10:00 AM Yoga w/ Jackie <b>1:30 PM Men's Group AR</b> 2:30 PM In the Kitchen AR 3:30 PM A Penny for you Thoughts LIB</p>	<p>12 <b>9-12PM-Doctor Day</b> 9:00 AM Exercise w/ Chris AR 11:00 AM Journaling Journey LIB <b>1-4 PM Audiologist Visits AR</b> 1:00 PM-Flower Arranging AR 2:00 PM Resident Council THR 3:00 PM-Root Beer Float Social BIS</p>	<p>13 <b>9:00 AM Podiatrist Visits</b> 9:30 AM Stretching Group <b>10:30 am-Outing to Walmart</b> <b>2:00 PM Scenic Drive</b> 3:00 pm-New Resident Party AR 4:00 PM Trivia Challenge AR 8:00 PM National Bingo THR</p>	<p>14 9:30 AM-Stretching Group AR 10:30 AM Catholic Services CHA 11:00 AM Bingo AR 12:00 PM Lunch w/ Residents 1:00 PM Bridge Club LIB 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR</p>
<p>15 9:00 AM-Walking Group 10:00 am-Non-denominational church services CHA 11:00 AM Ceramics AR 1:30 PM- Sewing Circle AR 2:30 PM-Ice Cream Social BIS 6:30 PM The Talking Stick LIB</p>	<p>16 9:30 AM Walking Group 10:00 AM Computer Savvy <b>11:30 AM Lunch Bunch- Fresh Fish</b> 1:00 PM Ultimate Uno 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Lonesome Dove Series THR</p>	<p>17 <b>9-12PM-Doctor Day</b> 9:30 AM Walking Group 10:00 AM Painting w/ John 1:00 PM Scrabble Scramble AR 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Cards/Games/Puzzles AR 6:00 PM Cultural Crafts AR</p>	<p>18 <b>9-12 PM-Errand Day</b> 9:30 AM Walking Group 10:00 AM Yoga w/ Jackie 10:30 AM Wednesday Morning Singers 1:30 PM What's in a Word 2:30 PM In the Kitchen AR <b>10:00 AM Parkinson's Support Group</b></p>	<p>19 <b>9-12PM-Doctor Day</b> 9:00 AM Exercise w/ Chris AR <b>10:00 AM Museum of Nature and Science</b> 12:00 PM Birthday Lunch PD 1:00 PM-Flower Arranging AR 2:00 PM Book Club 3:00 PM-Root Beer Float Social BIS</p>	<p>20 9:30 AM Stretching Group 1:00 PM-Bunco AR <b>2:00 Outing to Target</b> 3:00 PM Wine and Cheese Party 4:00 PM Trivia Challenge AR</p>	<p>21 9:30 AM-Stretching Group AR 10:30 AM Catholic Services CHA 11:00 AM Bingo AR 12:00 PM Lunch w/ Residents DR 1:00 PM Bridge Club LIB 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR</p>
<p>22 9:00 AM-Walking Group 10:00 am-Non-denominational church services CHA 1:30 PM- Sewing Circle AR 2:30 PM-Ice Cream Social BIS 6:30 PM The Talking Stick LIB</p>	<p>23 9:30 AM Walking Group 10:00 AM Computer Savvy 1:00 PM Ultimate Uno AR 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Lonesome Dove Series</p>	<p>24 <b>9-12PM-Doctor Day</b> 9:30 AM Walking Group 10:00 AM Painting w/ John 1:00 PM Scrabble Scramble AR 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Cards/Games/Puzzles AR 6:00 PM Cultural Crafts AR</p>	<p>25 <b>9:00 AM Blackhawk Casino</b> 9:30 AM Walking Group 10:00 AM Yoga w/ Jackie 1:30 PM What's in a Word AR 2:30 PM In the Kitchen AR 3:30 PM A Penny for your Thoughts LIB</p>	<p>26 <b>9-12PM-Doctor Day</b> 9:00 AM Exercise w/ Chris AR 10:00 AM Makeovers w/ Mary Grace 1:00 PM-Flower Arranging AR <b>2:00 PM-Meeting of the Red</b> 3:00 PM-Root Beer Float Social BIS <b>7:00 PM Dementia Support Group DR</b></p>	<p>27 9:30 AM Stretching Group <b>10:30 am-Outing to King Soopers</b> 2:00 PM In the Kitchen w/ Mike AR 2:30 PM Food Council THR 4:00 PM Trivia Challenge AR 8:00 PM National Bingo THR</p>	<p>28 9:30 AM-Stretching Group AR 10:30 AM Catholic Services CHA 11:00 AM Bingo AR 12:00 PM Lunch w/ Residents DR 1:00 PM Bridge Club LIB 2:00 PM Movie Matinee THR 4:00 PM Giant Crossword Puzzle AR</p>
<p>29 9:00 AM-Walking Group 10:00 am-Non-denominational church 11:00 AM Ceramics AR 1:30 PM- Sewing Circle AR 3:00 PM Hawaiian Luau 6:30 PM The Talking Stick LIB <b>Full Moon</b></p>	<p>30 9:30 AM Walking Group 10:00 AM Computer Savvy <b>11:30 AM Lunch Bunch- Imperial</b> 1:00 PM Ultimate Uno AR 2:00 PM Wellness Hour AR 3:00 Afternoon Tea BIS 4:00 PM Trivia Challenge AR 6:00 PM Lonesome Dove Series THR</p>	<p>31 <b>9-12PM-Doctor Day</b> 9:30 AM Walking Group 10:00 AM Painting w/ John 1:00 PM Scrabble Scramble AR 2:00 PM Movie Matinee THR 3:30 PM-Bible Study CHA 4:00 PM Cards/Games/Puzzles AR 6:00 PM Cultural Crafts AR</p>	<p>AR- Activity Room CHA- Chapel LIB-Library THR- Theatre BIS- Bistro DR- Dining Room PD-Private Dining Room</p>			

**\*\*\* Please sign up in the Activity Room for Activities in Bold.**